

# SCJH COVID POLICY

## **A COVID Free Rink**

1. I understand that outside of skating, in order to control my child's exposure in the community, I will comply with any and all state, county or local social distancing orders, quarantine orders, and I will follow any recommendations from the CDC that limits my risk for exposure including wearing a mask in all public areas, remaining 6ft from all other people & avoid all travel to "red zones".

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2. I understand that I am required to take my child's temperature each morning before my child has skating and keep my child home if the temperature is 100F or higher. \*

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3. I understand as the parent/guardian I need to assess if I & my skater are at higher risk of developing serious disease or have issues/may develop issues wearing a mask. Parents and coaches are asked to assess level of risk based on individual skaters and who may be at [higher risk for severe illness](#), such as children who may have asthma, diabetes, or other health problems. **Face coverings MUST be worn over the nose and mouth at all times while in the ice rink. This mask protocol is inclusive of all the following activities: Entering the rink, preparing to enter the ice, practicing on ice, coaching, taking private lessons or group classes, observing, and exiting the rink. An exception will only be offered in the case of an "urgent medical event".**

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## **Entering the Rink/SCJH Classes**

4. I understand that to enter the facility premises my child must be free from COVID-19 symptoms. If, during the SCJH classes, any of the following symptoms appear, my child will be separated from the rest of the people in the center. I will be contacted, and my child MUST be picked up from the facility as soon as possible. Symptoms include a fever of 100 degrees Fahrenheit or higher, dry cough, shortness of breath, chills, loss of taste or smell, sore throat, muscle aches, vomiting, and diarrhea. While we understand that many of these symptoms can also be related to non-COVID-19 related issues we must proceed with an abundance of caution during this Public Health Emergency. These symptoms typically appear 2-7 days after being infected so thank you for taking them seriously. Your child will need to be symptom-free without any medications for 72 hours before returning to the facility/classes.

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5. I understand that during this COVID-19 Public Health Emergency **only one parent/guardian accompanying a minor is allowed to enter the facility, with a mask on at all times.** In order to keep the amount of people in the building low we ask that no additional people enter during SCJH ice time. I understand that this procedure change is for the safety of all persons present in the facility and to limit to the extent possible everyone's risk of exposure. I understand that it is my responsibility to inform any Emergency Contact persons of the information contained herein. \*

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6. I understand and agree that I/my skater will arrive max 15 minutes before their session/skate time. This will allow previous session participants to clear the rink. Upon entering I/my skater will wear a mask while in the facility & practice social distancing and remain 6ft from all other people, except for my own child.

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7. I understand my skater can bring in one water bottle, but may not bring food or snacks. Food is asked to be consumed outside of the rink. Please bring in only what you absolutely need. Water bottles may be placed around the rink boards/glass area with proper social distancing between your skating neighbor.

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### **Off Ice In The Building Before Stepping on the Ice**

8. I understand skaters are asked to come as ready as possible. Skaters may put skates on inside the building but must remain 6ft from other skaters/parents. Parents/Guardians are asked to ensure their skater's skates are laced tight and secure for the class/session.

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9. I understand during this COVID-19 Public Health Emergency SCJH staff will be masked and will be practicing social distancing and will try to remain 6ft from skaters/parents. This may make needed parent & staff communication difficult. During this time, we ask that payments and parent/guardian communications are done online or over the phone as much as possible.

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10. I understand the SCJH staff (due to social distancing) will no longer be able to help with skate tying, putting gloves on, etc. This will fall on the skaters & parent/guardian so, please make sure your skater is in clothes they can maneuverer in or you are there to help.

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11. I understand that my child will be required to wash their hands using CDC recommended handwashing procedures after using the bathroom. Skaters are asked to use hand sanitizer before stepping on the ice each time & avoid touching their face.

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### **Stepping on the Ice... Skating with SCJH...Leaving the Rink**

12. I understand only coaches will be permitted to operate the music system and enter the hockey boxes. In order to encourage social distancing and cut down on skaters gathering, skaters are asked to NOT sit in the boxes or leave personal belongings in the boxes. If skaters get hot, they may place ONLY their coat on the boards (water bottles are asked to be placed around the glass). Older skaters needing to re-tie may sit in the hockey box door openings.

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13. I understand my skater will be asked to wear their mask at all times while participating in any SCJH activity. Exceptions will only be offered in an "urgent medical event".

14. I understand spitting will not be allowed. SCJH encourages everyone to cover their coughs and sneezes with a tissue or use the inside of their elbow. Used tissues should be thrown in the trash immediately with hand sanitizer afterwards.

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15. I understand during this COVID-19 Public Health Emergency SCJH takes social distancing seriously for the health and safety of our staff & skaters. We will do our best to encourage social distancing on and off the ice but, it is not our only job. Proper social distancing will be the responsibility of the skaters & parents/guardians. Skaters not properly social distancing may be asked to leave on the 3<sup>rd</sup> warning.

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16. I understand that my skater will need to exit the building within 15 min of the session being over. There will be absolutely no loitering off the ice to allow the next group to come in. Please arrange skaters to be picked up in a timely manner.

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### **Continuing Group Classes & Skating Through COVID**

17. I will immediately notify SCJH's COVID Team if I become aware of any person with whom my child or I have had contact exhibits any of the symptoms listed in Number 4 above, is advised to self-isolate, quarantine, or has tested positive, or is presumed positive for COVID-19. \*

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18. I understand that while present in the facility my child will be in contact with children, instructors, and other rink employees who are also at risk of community exposure. I understand that no list of restrictions, guidelines or practices will remove 100% of the risk of exposure to COVID-19 as the virus can be transmitted by persons who are asymptomatic and before some people show signs of infection. I understand that I play a crucial role in keeping everyone in the facility safe and reducing the risk of exposure by following the practices outlined herein. \*

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19. I understand that if my child has been tested for COVID-19 for any reason, regardless if they are exhibiting symptoms, my child may not return to SCJH/Rink without proof of a negative test result.

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20. I understand that if there is a confirmed case of COVID-19 at SCJH, the Rink/Club's classes may have to shut down and reopen in consultation with the Department of Health. During this time refunds will not be issued, unless the rink refunds the ice cost and those savings will be passed on.

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21. I understand that this is a rapidly changing situation and the policies and procedures may change without advance notice in accordance with any new guidance released from the Health Department, the Department of Family Services, the CDC, or any other regulatory bodies. \*

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22. I have read and understand all new policies and procedures related to the COVID-19 Public Health Crisis, which are in addition to all other rink/club previous policies and procedures, and I have signed all SCJH waivers including the SCJH COVID Waiver. \*

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### **2020-2021 SCJH COVID Policy & Guidelines**

I certify that I have read, understand, and agree to have myself/my skater comply with the provisions listed herein. I acknowledge that I/my skater's failure to act in accordance with the provisions listed herein, or with any other policy or procedure outlined by SCJH may result in termination of SCJH classes/freestyles for me/my skater and/or the Club programming for everyone.

Child(ren) Name: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Printed Name: \_\_\_\_\_ Phone #: \_\_\_\_\_